



This Week In SCOV

January 9, 2025

Association News

What to Expect as a Board Member: You are invited to an informational meeting on Monday, January 13, 1 pm, Activity Center/ Kiva, sponsored by the Nominating Committee to provide information to interested residents about Director expectations, time commitment, an overview of the community's financial position and candidate support during campaigns.

Board Candidates Sought: SCOV is seeking candidates for the Board of Directors. Three positions, each with a three-year term, will be filled in March 2025. To run, submit a Statement of Interest to the Nominating Committee by 6 am of the fourth Tuesday of January. Click [here](#) for form.

Club Presidents Meeting: Attendance at this meeting is mandatory for all club presidents. Both new and existing rules will be examined. The meeting is scheduled for Tuesday, January 14, 10 am, Activity Center/ Auditorium.

The Asset Reserve Study Workshop was held this past Tuesday, January 7. The meeting was recorded and can be found on the SCOV website Board page under presentations. Click [here](#) for link to the Board page.

We have replaced the chairs and tables at the Aquatic & Fitness Center (AFC) and the Desert Oasis (DO) due to wear and tear. As a result, we are selling the Chairs for \$15, Large Tables for \$25, and Small Tables for \$15. Please come to the Welcome Center to pay for these items and get a paid voucher between Thursday, January 9 through Tuesday, January 14. You may pick up the furniture on Wednesday, January 15, at either the Desert Oasis Pool area or the Aquatic Fitness Center Pool area. These items are available on a first-come, first-serve basis. Remember to bring assistance for loading the furniture into your vehicle. Our Monitors are not allowed to move the furniture.



The Golder Ranch Fire Department made a presentation at the December board meeting. You can see it [here](#).

Gift Shop News: Monday, January 13, 10 am-noon, is our first Monday Madness sale of the New Year. You will find pottery, fabrics, jewelry, wood, glass, cards, and more all at reduced prices. The Gift Shop hours are Monday-Friday, 10 am-4 pm, and Saturday, 10 am-1 pm.


Golf course walking hours: The January walking hours are before 8 am and after 5 pm. Golfers maintain the right of way, so we kindly ask that both carts and walkers stay on the cart paths. Additionally, please clean up after your pets and keep them leashed for their safety and the comfort of others. Thank you for your cooperation.

Friends of the Library Membership drive: Wednesday, January 15, 9 am-noon, and 1-4 pm, in the Library Lobby. Cash or check only. Join or renew. Becoming a Friend of the Library will enable you to purchase 2026 Home Tour tickets on the first day. More benefits to come.

SCOV and Friends of the Library service, Home Bound Books. Stuck at home? Can't get to the library due to health or physical issues? We will deliver library items to you. Sign-up forms are available in the library or call Mary, (701)367-6442. Must be a SCOV resident in good standing.

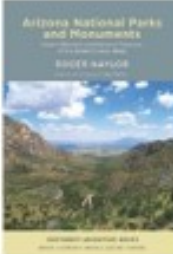
Library Update: Welcome back Roger Naylor. Roger will be visiting us this month on January 30.

SCOV Library Brings You An Author Talk With



ROGER NAYLOR

Arizona wanderer Roger Naylor is back, highlighting the State's wonderful National Parks and Monuments by taking us away from the typical tourist destinations to highlight the State's history, from prehistory to remnants of the Old West.



Thursday **Free tickets are available**
January 30 **1:30 PM** **in the Library**
Catalina Vista **starting January 13**

This Event Is Open To The Entire SCOV Community

Association Activities

The winter session of the Chair Balance class begins Friday, January 10, 10:30-11:30 am, Activity Center/ Kiva. Dr Paul Lam's Tai Chi for Arthritis and Falls

Prevention program improves balance, muscle strength and flexibility. Purchase your Punch Pass and register [here](#). Contact [Teresa Powell](#), for more information.

The Balance class, Tai Chi for Arthritis and Fall Prevention, meets on Monday mornings from 10:30-11:30 am, Aquatic Fitness Center (AFC). It teaches balance, mindfulness, flexibility, and strength. To [register](#) for fitness. Judy Greenberg is a certified instructor and lives in the community.

Join us for \$2 pp Trivia on Thursday, January 9, 6 pm, Activity Center/ Kiva. Teams of four will compete for the chance to win gift cards to The Views Restaurant. You can BYOB or stop by the Bistro for refreshments.

At the request of many, Dr. Roddy will return to present *Men's Health from a Urology Perspective*. Tomorrow, Friday, January 10, 1 pm, Activity Center/ Auditorium. This event presentation is sponsored by the Active Health Committee. No registration is necessary.

On Wednesday, January 15, 7 pm, Activity Center/ Auditorium, SCOV presents A Lennon Legacy, a premier theatrical presentation that celebrates the music of John Lennon. You can purchase tickets [here](#). BYOB or stop by The Bistro for pulled pork or pulled chicken sandwich, hot dogs, and popcorn.

On Tuesday, January 21, 11 am, you are cordially invited to a complimentary concert at The Bistro, showcasing three acoustic singers, Tom Garlinghouse, Dave Henderson, and Kevin Kopp, from the SCOV Performers Club. This concert is set to feature a diverse array of songs sure to please.

Shredder Reminder: Saturday, January 25, 8-9:30 am, Vistoso Community Church parking lot.

On Wednesday, January 29, 6 pm, Activity Center/ Auditorium, SCOV will feature a performance by Joe Bourne and the Cream of the Crop Band. Tickets are available for purchase [here](#). BYOB or stop by The Bistro for eggplant, chicken parmesan, or meatball subs, Ceasar salad, and popcorn.

On Wednesday, January 29, in celebration of National Puzzle Day, SCOV will be raffling off brand new 1000-piece puzzles for your enjoyment. Tickets are available at the Welcome Center, please see Brenda (Lifestyle Coordinator) for \$5 each, or 10 tickets for \$10.

Get ready for an awesome tribute to the legendary Jimmy Buffett's Margaritaville! Join us on Wednesday, February 5, 7 pm, Activity Center/ Auditorium for a night that'll whisk you away to a tropical paradise. You can purchase tickets for \$35 pp [here](#).

Weekly market hours are Wednesdays from 9 am-1 pm. Vendors vary on a weekly basis and are there rain or shine, so stop by, take a look, and help support small local businesses. Located in front parking lot between Welcome Center and tennis courts.

Board & Committee Meetings

Board and committee meetings are open to all SCOV members, unless designated as an Executive Session.

Friday, January 10

1 pm, Active Health Committee Monthly Presentation, Activity Center/
Auditorium

Monday, January 13

1 pm, SCOV What to Expect as a Board Member, WC3
3:30 pm, Election Committee, WC2

Tuesday, January 14

2 pm, Architectural Review Committee, Activity Center/ Hopi, [Zoom](#)
3 pm, Active Health Committee Meeting, WC2

Wednesday, January 15

1 pm, SCOV Board of Directors Meeting, Activity Center/ Kiva

Thursday, January 16

9 am, Properties Committee, WC1

News From The Views Restaurant



January Restaurant Entertainment Schedule:

1/10	KT Classics 4-7 pm
1/11	Michael Holper 4-7 pm
1/12	Karaoke 4-7 pm
1/17	Total Recall 5-7 pm
1/18	Sedona Crossings 4-7 pm
1/19	Karaoke 4-7 pm
1/20	Joe Bourne 4-7 pm
1/24	Sean Lewis 4-7 pm
1/25	Chuck Moses 5-7 pm
1/26	Karaoke 4-7 pm
1/31	Cochise County All Stars 4-7 pm

News From The Views Golf Course



Our golf clinics are every Tuesday from 8-9 am, and private lessons are available as well. Call the Pro Shop to sign up, 520-825-3110.

Join us for lunch at the Grille at The Turn between the ninth green and 10th tee on Fridays and Saturdays between 11 am-2 pm.

Club News

Pancake Breakfast sponsored by Veterans Club, Saturday, January 25, 7:30-9 am, Activity Center/ Auditorium. You can get your tickets by email/ text [Mike LaBarbera](#), (812)431-7427. Please support this worthy fundraiser.

The Casual Mahjong group will be hosting beginner lessons on Thursdays: January 16, 23, and 30, from 1-4 pm, Desert Oasis. Please Call Judee, (520)989-3254, for more information and to sign up!

SCOV Yoga Club presents Chair Yoga Workshop with Nora, free to the SCOV community on Saturday, January 11, 10-11 am, Activity Center/ Kiva. Chair Yoga offers a balance of seated and standing yoga poses and breathing practices. Arrive 15 minutes early, space is limited, no registration required.

Calling all musicians and performers, The Sun City Performers Club is a vibrant space to share and hone your creative self. Join us! We are currently in need of piano accompanists. This is a safe supportive space to make it happen. Meeting Sunday, January 12, 1:30-3 pm, Activity Center/ Auditorium.

The Golder Ranch Fire Department will be hosting two informative presentations on Monday, January 13 and 27, 10 am, Activity Center/ Auditorium. These sessions will cover the services available to Sun City residents and include a basic first aid primer for handling unexpected emergencies, and a hands-on session for participants.

SCOV Technology Club presentation Monday, January 13, 1 pm, WC/ Tech Lab, with host Gayle Warren with the Tucson Forensics Crime Lab, along with K9 English Labrador, Zona, trained in electronic storage detection. Learn how K9 Zona and her handler are helping us all to prevent crime. Presentation is free and open to SCOV residents.

The New York Club: The first meeting will be held on Monday, January 13, 3:30-5 pm, Activity Center/ Kiva. This will be an informational getting to know you event. Please bring an appetizer or dessert to share. Contact [Jane Krabbeler](#), (520)500-4515.

The Astronomy Club invites you to a free Planet Palooza Star Party on Monday, January 13, 5:30 pm, the Views Golf Course parking lot, led by Chuck Dugan, of Astronomy Adventures Arizona. We hope to view January's full Wolf Moon, Jupiter, Saturn, Venus, Mars, Uranus, and Neptune.

Rock and Roll Club: Tickets for Saturday, January 25, Rock and Roll dance with Rave Band on sale Tuesday, January 14, 8 am, Activity Center/ Main Hallway. Members, \$5 pp, and 9 am, nonmembers, \$15 pp. Dance is from 6:30-9 pm. Doors open at 6 pm.

Our first 2025 TMA Art Talk *Cats in Art and Their Companions* is presented by Kim Blanchard. Learn about how artists who lived with cats interpreted them in their artwork. Tuesday, January 14, 10 am, Activity Center/ Navajo, Hohokam Rooms. Questions? Call (520)818-6332.

The Genealogy Club will be meeting Tuesday, January 14, 1 pm, Activity Center/ Native American rooms. David Fryxell will be here to speak on researching Colonial Roots. It has never been easier to research this 170-year period before Independence. This popular talk will begin promptly at 1 pm. More details [here](#).

Flyers for the Illinois Party on Saturday, February 1, 4-7:30 pm, Activity Center/

Auditorium, are being distributed this week. If you do not receive a flyer and would like one, contact [Judy Rigby](#). Ticket sales are on Wednesday, January 15, 10 am-2 pm, Activity Center/ Lobby, cost is \$20 pp.

Next week's Wednesday free movie matinee co-sponsored with ILR and the Library is *American Graffiti* and will be introduced by Alan Kruse at 2:00 pm. Note: For this one Wednesday only, the film will be shown in Room 3 at the Welcome Center, not Kiva. No reservation or ticket needed.

If you are interested in helping with planning the Minnesota (MN) Club annual party to be held, Friday, March 21, come to the Kiva Patio on Thursday, January 16, 1 pm. Come join our fun committee! Any questions, Contact Michelle, (612)840-5718.

The next Wisconsin Club party planning meeting is Thursday, January 16, 1:30 pm, Catalina Vista/ Mt. Kimball. Mark your calendar for our annual party, Sunday, March 9, 12-3 pm, Activity Center/ Auditorium. Contact Tony Masterjohn if you'd like to donate a door prize.

The monthly support group for caregivers of loved ones with cognitive loss takes place Thursday, January 16, 1-2 pm, Vistoso Community Church. Recreational socialization for people affected by memory loss is offered from 1-4 pm. More information, Mary Nowotny (970)764-7856, or Nancy Bulinski (559)676-2666.

The Astronomy Club will be hosting Ari Espinoza, Outreach Coordinator for Mars HiRISE (high-resolution imaging science experiment), in a free program about Mars, and the general difficulties of traveling there...and coming back alive! Open to all on Thursday, January 16, 7 pm, Activity Center/ Navajo Room.

Active Health Committee: Cognitive decline can be a preventable and reversible condition. Presenting Brain Health: *Preventing and Reversing Cognitive Decline*, with updates on new lab testing, insulin resistance and Parkinson's Disease. Mark your calendars, Fridays, 1pm, January 17, 24, and 31, Activity Center/ Auditorium. Please join us. No registration is necessary.

SCOV residents are invited to the Art League's *Art Walk*, Friday, January 17, 4-6 pm, Activity Center. Please enjoy the new art displayed, with many artists present discussing their latest work. The Bistro will be open for purchases, and musical entertainment will be provided by Jessiah.

The New Jersey and Pennsylvania Club Potluck, Friday, January 17, 5 pm, Desert Oasis. We still have room for a few more folks. It's a wonderful opportunity to meet some new friends from PA and NJ who also make SCOV their home. Contact [Jeannie](#), (717)371-1983, with any questions.

Kactus Kickers would like to remind those who have purchased tickets to the country western dance, that it has been moved to Saturday, January 18, 6-8:30 pm, Activity Center/ Auditorium. The Clear Country band will be on stage to keep us two-steppin. Doors open at 5:30 pm. BYOB and snacks.

There will be a planning meeting for the Pacific NW Club event on Tuesday, January 21, 2 pm, Activity Center/ Bistro area. If you are interested in helping for our second annual event this year, please join us. The event will be Saturday, March 15, Activity Center/ Auditorium.

The Natural Health and Wellness Club meeting has been changed to Wednesday, January 22, 3 pm, since our speaker was unavailable. We'll discuss the health

(emotional and physical) benefits of forgiveness, grace and gratitude. Lighten your emotional burden and gain more tools to live by. Holding regrets and anger can lead to physical disease, any questions, reach out [here](#).

Can you play one of these instruments? Djembe, Frame Drum, Cajon, Native Flute, Washboard, Spoons, Shakers, Tambourine, Knockers or Whackers? Do you have rhythm? Want to try? The new Drumming group is open to all. Come play with us. Click [here](#) for more information.

SCOV Gleaners are getting ready to pick your fruit for you, your community, and the food bank. If your fruit trees are ready to be picked (they are ripe and easily coming off the trees) we are ready to help. Click [here](#) and put in your information.

Women's Action Group (WAG) is collecting donations of incontinence supplies for men and women, diapers and menstrual products at 1816 E. Crown Ridge Way. The Arizona Diaper Bank, which is dedicated to ensuring that these items are always accessible to those in need, will be the recipient of all donations.

We are looking for a facilitator for our Cancer Support Group. The group meets once a month at the facilitator's convenience. If you have an interest in helping those dealing with cancer, please contact [Nancy Bulinski](#), (559)676-2666.

The Sun City Singers have begun rehearsals for our spring concerts, which will be presented on April 1, and April 4. Do you love to sing? Come join us Tuesday evenings at 6:30 pm, Activity Center/ Kiva. New members welcome; no audition required; music is provided. For information contact [Don Hess](#).

Units 18-18A: Save the Date, our annual Potluck dinner is Friday, March 7, 6-8 pm. Details will follow in the February Tipster. Updates will be posted in TWISCOV. Our Units are Silkwind, Stratus, Cirrus View, both Cirrus Hill and Trade Winds (above Mellow), the Hursh's on Mellow.

The Vistoso Cyclists are fundraising for Interfaith Community Services Food Bank. Your donation qualifies for Arizona charitable tax credit as a taxpayer, \$470 individuals/\$938 couples. Donate [here](#) or mail a check to *ICS* and memo *Food Bank*, address: Rose Mary Meyer, 1749 E Crown Ridge Way, Oro Valley, AZ 85755.

The Staying In Charge as We Age Club is happy to announce our tour leader, [Marge](#), has arranged early February tours to All Seasons. Each tour is limited to four people. Please contact Marge soon if you would like to go. Marge will assist in arranging carpooling, if needed.

Resident News

Like to understand SCOV financial reporting? Here are three opportunities to gain perspective on Cash and Fund Accounting. Come listen to a presentation by Kurt Egertson followed by Q and A, 3-4 pm, Activity Center/ Kiva, on January 11, 12, and 14. Multiple opportunities. Same information each day. Pick one. We're *accounting* on you.



Sandy Seddon, General Manager
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