

### Clubs and Support Groups-April 2026

Name	Contact	Phone	Email Address	Dates	Times	Location
<b>SUPPORT GROUPS</b>						
Brain Health	Rita Menet	920-659-1428	rita.menet@gmail.com	3rd Tue	1:30 PM	NAV
Cancer Support	Kelley Thompson	541-788-5228	klthompson.az@gmail.com	4th Wed	1:00 PM	AC-Navajo
Caregivers of Loved Ones with Cognitive Loss	Mary Nowotny	970-764-7856	mnowotny13@gmail.com	3rd Thurs	1 - 2 PM	Vistoso Comm Church
Cognitive Loss & Memory Support Group	Cecelia Ortiz	661-972-2639	cecelia.49er@gmail.com	Last Tue	4:00 PM	DO
Grief	Donna Stephens/Lea Grubbs	907-229-0721307-760-1993	donna4ak@gmail.com ltgr422@gmail.com	1st & 3rd Wed	2:00 PM	AC-Hopi
Support Group for the Visually Impaired	Dave Cheyfitz/Judi Peterson	440-452-4000/815-222-4754	scovvisg@gmail.com	Meetings resume Sept. 2026		
<b>PARTNERED ORGANIZATIONS</b>						
AA	Kevin D.	708-732-2943	kjd728@aol.com	Tues	7:00 PM	DO
League of Women Voters of Greater Tucson	Linda Longlet	520-561-0156	league@lwvtucson.com			
Parkinson's Support	Payton Davies	520-401-7275	bpwdavies@gmail.com	3rd Wed.	10:30 AM	Resurrection Lutheran Church
Pathfinders Bowling	Dianne Wisda	520-526-4786		Refer to Tipster		
Survivors of Loved Ones Who Died of Suicide	Ester Leutenberg	520-444-8529	ester36@gmail.com	Individual encounters offered		
Vistoso Helpful Hands	Barb McNeil	520-825-0677	bjmac68@gmail.com	When needed		
Wheels for Kids	John Johnston	520-274-9888	johnjohnston@xplornet.com	Call for details		
<b>FITNESS CLASSES &amp; CLUBS</b>						
Arthritis Water Club	Norma Waters	520-903-7800	normawaters1@hotmail.com	Mon, Wed, Fri	10:00 AM	AFC Pool
Aqua Tones	Irmel Wheeler	520-334-0957	irmel5596@gmail.com	Tue, Thu, Sat	8-10 AM	AFC Pool
Aqua Zumba	Lonnie Davis	520-917-8073	ldavis@suncityorovalley.com			
Balance	Lonnie Davis	520-917-8073	ldavis@suncityorovalley.com	Tue	1-2 PM	AFC Pool
Cardio Chair Aerobics	Lonnie Davis	520-917-8073	ldavis@suncityorovalley.com	Mon	10:30 AM	AFC
Cardio Core Fusion	Lonnie Davis	520-917-8073	ldavis@suncityorovalley.com		T, Th 10:30; Sat 9 AM	CV
Chair Balance	Lonnie Davis	520-917-8073	ldavis@suncityorovalley.com	Tues/Thurs	5:30 PM	AFC
Core Conditioning	Lonnie Davis	520-917-8073	ldavis@suncityorovalley.com	Fri	10:30 AM	AC-Kiva
Energetic Exercise Club	Peggy Smith	520-400-8659	pdsaz@aol.com	Mon, Wed, Fri	8:00 AM	AC
Fitness Swim Club	David Goodman	604-787-3878	david_goodman@sfu.ca	Tue, Thu, Sat	6:45 - 8 AM	AFC-pool
Parkinson's Exercise Club	Ray Jerkins		jerkins_ray@yahoo.com	Mon & Thu	4:00 PM	WC3

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Pilates Exercise Club	Mary Ayers	520-638-7916	scov.pilates@gmail.com	Mon, Thu	3 PM, 1:30 PM	AFC
Slow Flow Yoga	Lonnie Davis	520-917-8078	ldavis@suncityorovalley.com	Tue, Thu	6:45 AM	AFC
Sunrisers Exercise	Joyce Wisbey	520-825-5425	<a href="mailto:bwisbey90@msn.com">bwisbey90@msn.com</a>	Mon, Wed, Fri	6:45 AM	AFC
Sweat & Stretch	Lonnie Davis	520-917-8078	ldavis@suncityorovalley.com	Tue, Thu	7:30 AM	AFC
Tai Chi Club	Gail Barr	303-995-7485	gailbarr@gmail.com	Thu	10-11:30 AM	AFC
Water Aerobics	Lonnie Davis	520-917-8073	ldavis@suncityorovalley.com	Mon, Wed, Fri	10-11 Nov-Mar 9-10 Apr-Oct	AFC Pool
Yoga Club	Greg Jones	208-861-4237	suncitygreg@gmail.com	Please refer to Tipster		
Zumba	Lonnie Davis	520-917-8073	ldavis@suncityorovalley.com	Tue Thu	9:15 AM Th 4 P	AFC
<b>ARTS, CRAFTS &amp; HOBBIES</b>						
Art League	Susan Taylor	719-205-6262	susancaroltaylor@aol.com			
Bark Carvers	Bob Ash	520-282-3668	SCOVCarvers@gmail.com	Mon	10:30 AM	DO
Clay Club	Pam Curren	763-656-3696	pcurren@msn.com	Daily	8 AM-5 PM	ART-Clay
Colored Pencil Plus	Cathy Harrison Bette McGrath	303-968-5545 815-347-4282	c_l_harrison@msn.com bette.Mcgrath@gmail.com	Fri	9:00 AM	CV-ART
Garden Club	Linda Block	520-241-6533	lindablock57@yahoo.com	3rd Thur	1 PM	AC
Gourd Art	Lesley Chace		chacelesley@gmail.com	Mon/Fri	1 - 4 PM/9-12	ART-Lapidary
Japanese Flower Arranging Club	Nicole Laing	541-740-9688	nlaing88@comcast.net	2 <sup>nd</sup> & 4 <sup>th</sup> Mon	12:30-2:00 pm	CV-Pusch Ridge
Knit and Crochet	Jane Fairchild	520-909-5069	janemail11@yahoo.com	Mon	2:30-4:30 pm	AC-Hohokam
Modelers Club	Doug Scrimshaw	509-869-1338	dougscrimshaw@outlook.com	2 <sup>nd</sup> Fri	9:00 AM	CV-Pusch Ridge
Open Studio Artists	Carol Nagel	520-825-3097	carolm93@comcast.net	Tue, Wed, Thu, Sat	9:00 AM	CV-ART
Show & Share	Deb Wehrung	267-377-6760	debwehrung@gmail.com	Fri	12-Sep	CV
Sculpture	Dale Foster	520-825-0707	fosterdale1248@gmail.com	Mon	9:00 AM	CV-ART
Silversmith + Lapidary Club	Joe Harris	520-336-8345	jharris1781@gmail.com			
Stained, Fused Glass Open Studio	Jo Anne Bowman	501-282-4454	jabweb93@gmail.com	Monitors: Tues, Wed, Thurs 9-12	open 7 days a week 8am-9pm	ART-Glass
Vistoso Photo Club	Garry Buck	520-245-1160	garrybuck1@pm.me	2nd & 4th Wednesday	6:00 PM	CV
Wood Carvers	Bob Ash	520-282-3688	SCOVCarvers@gmail.com	Sat	9 -Noon	ART-Lapidary
Wood Working Club	Gary Casner	303-428-9746	Gcasner1@comcast.net	Daily	9 AM-4 PM	ART-Woodshop
<b>Sewing-Thimblelenas</b>	Carol Myers		czmeyers@yahoo.com	Please refer to Tipster		
<b>The clubs below fall under the Thimblelenas</b>						
Casa Amiga	Sigrid Flatness	425-213-6689	sigridflatness@gmail.com	Mon & Thurs	9 AM-Noon	

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Seniors for Kids	Sue Watkins	206-817-4116	scovsfk@gmail.com	Mon/Wed	1-3 PM/9-12	ART-Sewing
Machine Embroidery	Sue Devaney/MaryJo Miller	847-997-3989/701-641-3141	suehardevaney@gmail.com/mjom54@yahoo.com	3rd Tue	1:30 PM	DO-Ocotillo
Pet Beds	Jan Bohe	520-825-9725		Tue	1-3 PM	ART-Sewing
Fiber Arts and Tapestry	Carrie Wiley	360-734-5952	ecwiley@gmail.com	Tue	9:00 AM	ART-Sewing
Sun City Quilters	Linda George	520-419-7381	<a href="mailto:lindaann429@gmail.com">lindaann429@gmail.com</a>	Please refer to Tipster		
Cheer Bears	Pat Norton	480-993-8762	panpan9803@yahoo.com	Wed	1-3 PM	ART-Sewing
<b>CONTINUING EDUCATION</b>						
Astronomy Club	Helen Salvay	520-990-8989	hsalvay@yahoo.com			
Bible Class Men's	Jerry Anderson	520-638-6586	anderson@comcast.net	Tue & Thu	1-4 PM 9-Noon	
Bible Study-Women's	Faith Heitmann	208-750-5886	quincie@gmail.com	Wed	9:30 - noon	WC 3
Genealogy	Dean Vinten	704-808-9206	dvinten@aol.com	2 <sup>nd</sup> Tue	1:00 PM	AC
<b>NEW!</b> Geology	David Korzendorfer	520-328-8922	dkorend27@comcast.net			
Institute of Learning in Retirement	Mary Lee Fitzgerald	973-202-4276	fitzgerald.marylee@gmail.com	Refer to class schedule	Various	Various
ILR Sampler	Meg Taylor		margarettaylor65@msn.com	Refer to ILR calendar	Thurs, 2 PM	CV
Natural Health & Wellness Club	Sherokee Ilse	520-818-3279	sherokeeilse@yahoo.com	3rd Wed	3:00 PM	CV
Not So Silent Book Club	Tammy Barnett	530-228-0214	tammypbarnett@sbcglobal.net	2nd Sun	2:30-4 PM	DO/Ocotillo
Poets Corner	Sharyn Rafieyan	520-825-6762	srafieyan@comcast.net	Mon	10-Noon	Zoom
Staying In Charge As We Age Club	Linda Wickline	440-452-4001	<a href="mailto:lwicklin@yahoo.com">lwicklin@yahoo.com</a>	4th Sunday	2:00 PM	AC/Hohokam
Technology Club	Paul Sherwood	252-532-5705	paulgsherwood@gmail.com	As Scheduled	1PM	AC-Audi
<b>CULTURAL &amp; SOCIAL</b>						
Active Solos Club	Leslie Fisher	520-955-4258	leslieafisher@yahoo.com			
Alaska Club	Karen Trochim	907-460-2990	ktrochim@gmail.com	Refer to their website		
Birder's Club	Peggy Smith	520-400-8659	pdsaz@aol.com	Varies		CV
Charity Works	Jane Stewart	618-972-9912	djbs3@yahoo.com	2nd Tue	9AM	WC3
Colorado Club	Jim Mayworm	720-936-4669	themayworms@cs.com	Annually		
Conscious Aging	Phyllis Burks	520-245-2785	phyllisburks@yahoo.com	Wed	9-10:30 am	
Culinary Discussions Plus	Renee Balaco/Jane Krabbeler	309-258-0593 520-500-4515	mrbalaco@sbcglobal.net jkrabbeler@gmail.com	2nd Wed	Varies	Varies
Cribbage Club	Salvador Hernandez	281-883-2986	fivetowin@yahoo.com	1 <sup>st</sup> & 3 <sup>rd</sup> Thu	6:30 PM	CV
Democratic Club	Kevin Harney	717-404-4936	kevinsaraharney@gmail.com	7	1:00 PM	AC
Exterior Holiday Lights	Linda Bretz	603-459-4219	lindaebretz1@gmail.com			TBD
Fido's Friends Dog Club	Meg Taylor		scovff@gmail.com	3 <sup>rd</sup> Wed - 3x's annually	1:00 PM	AC
Forthcamp Court Club				Annually		
Friends of the Library	Peggy Smith	520-400-8659	peggy@buteos.net	2nd Mon	1-3 PM	WC 1

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Geezer Automotive Enthusiasts Club	Sandy Lawyer	847-826-2640	selawyer@gmail.com	TBD	TBD	
Gleaners	Sally Schunemman	520-331-6543	info@4sally.com	Sat	9:00 AM	Home of fruit
Havurah	Les Stelman	410-292-6868	havurahscov.info@gmail.com			
Illinois Club	Judy Rigby	520-484-5223	rigby_judy@yahoo.com	Annually in Feb		
Investment Discussion Group	Bruce Goslovich	208-550-7943	bruce@goslovichfc.com	1st + 3rd Friday	10:00 AM	WC3
Minnesota Club	Michelle DeMarais	612-840-5718	vspmichelle@yahoo.com	Annually		
New England Club	Margaret (Marnie) Goodbody	520-260-2142	mgoodbody@yahoo.com	Annually		TBD
New Jersey, Pennsylvania Club	Jeannie Antonucci	717-371-1983	antonucci10s@gmail.com			
New York State Club	Jane Krabbeler	520-500-3352	jkrabbeler@gmail.com			
Mindfulness Meditation Club	Sue Harrington	218-226-8441	scovmeditation@gmail.com	Tue	3:00 PM	CV Patio or Art Room
Nature Club	Susan Elliott	520-900-7346	scovnatureclub85755@gmail.com	1st Tues	2:00 PM	Varies
Pacific Northwest Club	Sigrid Flatness	425-443-3708	sigridkf@gmail.com	Annually		
Prepare & Share Dinner Club	Debbie Winger	765-720-5148	scovprepareshare@gmail.com	Refer to website	Varies	TBA
Rainbow Club	Loree Lindblom	763-228-3311	abbypap0930@gmail.com	Mon, Wed, Fri	8, 11, 2021	AFC
Republican Club	Kate Cusumano	520-437-2074	kate.cusumano@gmail.com	2nd Mon	3:00 PM	CV
Scandinavian Heritage Club	Sigrid Flatness	425-213-6689	sigridkf@gmail.com	Annually		
Schafskopt Club (Sheepshead)	Jeffrey Rusch	920-202-0007	jffrusch@yahoo.com	Tue	10:00 AM	DO
Singles Club	Marlene Bosworth	360-674-8718	marcybos@gmail.com	2 <sup>nd</sup> Thu, Last Fri	5:30 PM	AC
Spanish Cultural Club	Gary Lerch Carolyn Lerch	520-500-7194 520-241-1215	gclerch@comcast.net	4th Mon-Oct-March	7:00 PM	CV
St. Philip's Social Club				Call for information		
Tom Ryans Way Breakfast Club	Addie Ford	520-825-4038	jimandad@aol.com			CV
Unique Wheels Car Club	Vern Barr	520-904-8927	vmbarr@gmail.com	2nd Tue	2:00 PM	CV-Mt Lemmon
Unit 3 Social Club	Linda Bretz	520-668-4832	lindaEbretz1@gmail.com	Annually	TBD	
Unit 7 Party Club	Laurie Jarrett	913-940-1443	scovunit7party@gmail.com	3rd Sat	5:00 PM	Auditorium
Unit 8 Social Club	Linda Block	520-241-6533	lindablock57@yahoo.com			
Unit 10 Party Group	Diane Yaquinto Patty Sanders	713-824-3964 541-488-6900	gbnutter@jeffnet.org			
Unit 11 Potluck Supper Club	Kay Jacobs	520-825-8525	sbocaj825@gmail.com	Annually		
Unit 18/18A	Deb Wehrung	267-377-6760	debwehrung@gmail.com	Annually		
Wisconsin Club	Claire Letorneaux	920-378-1961	453sunrise@gmail.com	Annually		TBD
Womens Action Group	Maureen Salz	520-240-0049	mosalz@outlook.com			
Veterans Club of SCOV	Mike LaBarbera	812-431-7427	mclabarb@aol.com	1st Monday	1:00 PM	CV
Wort Hogs Brew Club	Gerald L Tovatt	616-824-1811	gtovatt@gmail.com			
Wyoming Club	Peggy Gardner	503-939-8521	pgardner@aol.com			

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<b>DANCE</b>						
Folk Dance Club	Siva Raven	505-469-7505	sivaraven@gmail.com	Fri	10 – 11:30 AM	AFC
Kactus Kickers Dances	Sherokee Ilse	952-201-8667	sherokeeilse@yahoo.com	2 <sup>nd</sup> Fri	5:30 PM	AC
Kactus Kickers Practice	Madeleine Percival's	719-650-3778	Knmdpercival@gmail.com	Mon & Thurs	5:30-7 PM	AC
Starlight Ballroom Dance Club	Sara Harney	717-977-1963	scovstarlightdance@gmail.com	Dances Feb.-May, Sep- Dec Open practice, classes Wed	Varies 4-6 PM	AC
Sunliners Line Dancing	Renee Steinmetz	520-955-3876	linedancerenee@gmail.com	Wed, Thu, Sat	Varies	AC + AFC
Witch Dance Club	Sue Reeves	435-258-8004	1wordcarver@gamil.com	2nd & 4th Sat	11:30 AM	AFC Studio 2
<b>GAMES</b>						
Bridge-Bikers Bridge	Nancy Goodhugh	801-388-7071	goodhuebruce@aol.com			
Bridge-Duplicate Club (Swiss Team)	Dave Hablewitz	520-989-0486	hkrisdave@outlook.com			
Bridge-Ladies Monday Social	Dee Erlandson	520-638-5725	deerlandson@gmail.com	Mon	1-3:30 PM	CV
Bridge-Marathon	Owen Reese	360-972-0401	owenreese@orcalink.com	Mon	12:30 PM	
Bridge-Mixed Social	Don Wheeler	520-334-7578	don8359@gmail.com			In Homes
Bridge-Tue Night Partners	Larry Parks	319-310-4758	lpsplinter@gmail.com	Mon, Wed, Fri	8:30 AM	DO
Partners Tuesday Night Bridge	Larry Parks	319-310-4758	lpsplinter@gmail.com	Every Tue	6:00 PM	AC/Hopi
Bunco	Pat Hansen	520- 825-7198		4th Tue	1- 4 PM	Copper Center until Sept. then return to DO
Chess Club	John Bechard	719-231-8062	bechard.john@gmail.com	Mon	4:30 - 6:30	CV
Euchre	Rodger Winger	765-366-1444	rawinger@gmail.com	Mon	5:30-8:30 PM	DO
Five Crowns	Debbie Kotlarek	262-899-5810	SCOV5crowns@gmail.com	Sat	4:30 PM	DO
Gin Rummy Morning	Bob Segebrecht	520-825-5480	segebrechts@gmail.com	Thu & Sat	9:00 AM	DO
Hand and Foot Cards- <b>NEW!</b>	Derek Goudriaan	253-208-5162	dj47@outlook.com			
Horseshoes	Ray Coleman	520-825-2789	barbray819@aol.com	Tue, Thu	2:00 PM	CV, HS Pits
Mah Jongg - advanced	Cathy Morrow	360-739-0376	pvcathy@comcast.net	Thu	1:00 PM	DO
Mah Jongg-Casual	Judee Wickersham	520-989-3254	judeewick@gmail.com	Sun	1:00 PM	CV
Panguingue	Dianne Wisda	520-526-4786	rocketred285@gmail.com	Mon, Wed, Fri	Mon &	
Pinochle Club	David Flatness	425-443-3708	daveflatness@gmail.com	Wed	5:30 PM	DO
Pinochle Couples Club	Chris Auclair	585-309-9065	chris@auclair1.com	1st & 3rd Thu	6:00 PM	Hopi
Women's Panguingue	Claudia Case	206-579-6500		Call for days, times		DO
Poker Club Men's – Tue	Steven Dirks	520-429-3303	skdcommerce@gmail.com	Tue	6:00 PM	DO
Poker Super High Rollers	Steven Dirks	520-429-3303	skdcommerce@gmail.com	Mon	6-9 PM	DO
Poker-Men's Friday Night	David Dellinger	520-825-2666	davidjdeljan@aol.com	Fri	5:45 PM	DO

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Scrabble Club	Laura Starr	208-731-9364	lstarrvirgo@gmail.com	Fri	1:00 PM	DO
<b>MUSIC</b>						
Barbershop Harmony Singers – Kactus Krooners	Mike Moyer	520-818-6509	mmoyerpp@gmail.com	Mon	12-Oct	DO
Drummers Circle	Zona Boss	520-638-6644	zona1boss@gmail.com	Wed	2:00 PM	DO
Early Music Recorder Ensemble	Ann Marie Ginsberg	516-473-1612	annmarieginsberg@gmail.com	Mon	4-5 PM	AC/Navajo
Recorder Ensemble, Early Music	Joyce Minks	520-825-0642	minksjoy42@comcast.net	Every Tue	12:30 PM	CV
Rock N Roll Club	Bobbe Cook	616-255-2863	randrpresident@gmail.com	Refer to Tipster		AC
Sun City Music Club	Paul Lewis	610-930-6837	<a href="mailto:plewis319@gmail.com">plewis319@gmail.com</a>			
Sun City Performers	Kris Sigford	612-747-0487	raykris@aribo.com			
Sun City Singers	Dale Roskom	440-665-2185	daleroskom@yahoo.com	Tue	6:30 PM	AC
Sun City Variety Theatre Club ---Costume Closet	Deb Mayworm Kate Cusumano	720-771-0316 520-437-2073	<a href="mailto:themayworms@cs.com">themayworms@cs.com</a>	Refer to announcements		
Ukulele Club – SC Strummers	Mike MacDonald	630-251-1718	mikemacdonald162@gmail.com	Tue	9:00 AM	DO
<b>SPORTS</b>						
Billiards	Robert Dufur	503-312-0809	robertdufur@outlook.com			
Golf - Ladies 9 hole	Cindy Zwick	360-710-3498	cwzwick@gmail.com	1st Thur	11:30 AM	Navajo/Hohokam
Golf - Views Women's 18 hole	Tana Wyrick	509-521-9967	pshock1323@gmail.com	Tue	12:00 PM	Navajo/Hohokam
Golf - Men's 9 hole	Tod Milton	520-256-0962	theodore.r.milton@gmail.com	Thu		
Golf - Men's 18 hole	Bob Gannon	970-215-3485	rtgannon49@gmail.com	Wed		
Bocce Club	Debbie Francis	402-216-4227	boccescov@gmail.com	Call for days, times		
Gun Club	Brian Goff			2 <sup>nd</sup> Wed	2:00 PM	AC
Hiking	Bernie Rosling	406-212-0307	bdros2010@gmail.com			
Pickleball Club	Phil Rose	541-660-3943	rosegp@msn.com	Refer to Tipster	Refer to Tipster	Pickleball
POP Tennis Club	Sharon Kennedy	206-786-4211	kennesk@comcast.net			DO Courts
Racquetball Club	Al Lichaa	520-606-8829	al.lichaa@gmail.com	Mon, Wed, Fri	7:30-9:00 am	AFC
Table Tennis Club	John Smith	520-730-0802	John@buteos.net	As Scheduled	See Tipster	CV
Vistoso Cyclists Club	Chris Holman	406-544-6194	cjoiceholman@gmail.com	Mon, Tue, Wed, Fri		Vistoso Comm Church
SCOV Tennis Club	Randy Harvey	402-990-7009	cagtaxman@gmail.com			Mtn. Vista Courts
Wallyball Club	Jill Rowen	615-417-8557	jk11615@gmail.com	Tues & Fri.	12:45-3 PM	Wallyball Court
Water Volleyball	Derek Goudriaan	253-208-5162	dj671954@gmail.com	Mon, Thu, Sun Tue, Fri	1-3 PM	DO Pool
<b>TRAVEL</b>						
Day Trippers	Amos Meyers	808-217-2117	<a href="mailto:amosmeyersjr@gmail.com">amosmeyersjr@gmail.com</a>	2 <sup>nd</sup> Fri	9:00 AM	AC
Sundowners RV Club	Dan Stasi	815-762-3636	sundownersrvclub@gmail.com	2 <sup>nd</sup> Mon	9:00 AM	CV
<b>AC= Activity Center</b>	<b>CV=Catalina Vista</b>	<b>AFC=Aquatic &amp; Fitness Center</b>	<b>DO=Desert Oasis</b>	<b>ART-Artisans Ctr.</b>		